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Zhang et al. (2020) – Huiyang Shenji formula is a Chinese herbal medicine used to promote wound healing for decades. The extract has been demonstrated to promote macrophage transformation from pro to anti-inflammatory type and improve healing in chronic non-healing wounds in animals.

Ma et al. (2021) show that Akebiae Fructus reduces proinflammatory mediators and via this route reduce dysmenorrhea pain.

Wang et al. (2020) in their review describe the pathways through which traditional Chinese medicine works as an analgesic – via the central nervous system where it increased endogenous opioid release and reduces pro-algesic neurotransmitter release e.g. NO, and PGE2. The second route is via the decrease in secretion of algogenic substances such as PGE32.

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